



HOW TO MAKE A WALKER BAG

Aloha Sewing Friends!

Thank you for your interest in making a walker bag! Here are written instructions to complement our video tutorial. Mahalo to Yasmine Lindskog and Mary Nowakowski for writing and editing the instructions. ***We highly recommend that you watch the video as well as use these instructions.*** If you have any suggestions on how to make the written instructions more clear, please send a kindly worded email to thesewinghui@gmail.com.

You can find the video here - <https://www.thesewinghui.com/walkerandwheelchairbags>

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Chapters in the Video

0:00 - Introduction
0:30 - Patterns
1:44 - Cutout Fabrics
2:21 - Working through the elements to prep before assembling
3:38 - Prepping the straps
12:00 - Prepping the pocket
15:00 - Prepping the walkerbag
16:55 - Assembling all the elements together
17:00 - Assembling the pocket
23:57 - Assembling all of the straps
26:00 - Sewing the bag together
28:33 - Adding the lining to the bag
37:07 - Adding the velcro and label

Patterns - 4 pieces

- 1) **Walker Bag - Large piece (x3) - 27" x 15"**
 - a) Cut 1 Fabric
 - b) Cut 1 Lining
 - c) Cut 1 Batting
- 2) **Pocket - 15" x 15"**
 - a) Cut 1 Fabric
 - b) Cut 1 Lining
- 3) **Wheelchair Strap - 3" x 15"**
 - a) Cut 2 Fabric
- 4) **Walker Straps - 4" x 12.5"**
 - a) Cut 4 Fabric

Directions

Step 1: Cut Fabric Pieces

Cut all your fabric pieces for the walker strap, wheelchair strap, walker bag, and pocket.

If you are using fabric that has a **one way design**, such as a print that has a specific "top and bottom" direction, you will need to cut the large piece (27" x 15") or the pocket piece (15" x 15") differently. Cut two pieces instead of one, adding ½ inch seam allowances to both pieces. Make sure that each of these pieces has a "top". They will be sewn together along the "bottom" of the print with a ½ inch seam allowance. This will ensure that the print will be facing in the "top" position on both sides of the bag.

Step 2: Sew Walker Strap

1. Take two pieces of the walker strap and place the right sides together. Sew around three sides (the two long sides and one short side) with a ½ inch seam allowance, leaving one short side open.
2. Trim the corners to remove excess fabric, then press the seams open to create sharp edges.
3. Turn the strap inside out, carefully poking out the corners. Press the strap so the edges are aligned.
4. Topstitch around the three sewn sides with a ¼ inch seam allowance.

Step 3: Sew Wheelchair Strap

1. Fold the wheelchair strap piece in half length-wise, right sides together, and sew along the long side with a ¼ inch seam allowance, creating a tube.
2. Press the seam open.
3. Attach a safety pin to one end of the tube, then pull the fabric through until it's fully turned.
4. Press the strap, ensuring the seam is at the center back.
5. Topstitch along the sides with a ¼ inch seam allowance.

Step 4: Sew Pocket

1. Place the pocket pieces right sides together and sew a ½ inch seam along two opposite sides.
2. Use a sleeve board to open the seams and press them flat.
3. Turn the pocket right-side out and press, ensuring the lining edges are tucked in.
4. Topstitch the side seams with a ¼ inch seam allowance.

Step 5: Quilt the Walker Bag

1. Take the walker bag layer and the batting layer, and place them on top of each other, with the walker bag layer face up.
2. Using a 3-inch ruler, draw diagonal lines on the fabric.
3. Sew along the lines to quilt the two layers together.

Step 6: Sew Lining

1. Take the lining piece and fold it in half crosswise. Sew a ½ inch seam along one side. Sew a ½ inch seam along the other side, but stop halfway to leave an opening from the fold up. It is important to leave this opening, as it will be used in a future step.

Assemble All Prepped Pieces

You should now have: 2 walker straps, 2 wheelchair straps, the quilted bag, the pocket and the lining.

Step 7: Attach the Pocket

1. Center the pocket on top of the quilted bag. Both the right side of the pocket and the right side of the bag should be visible.
2. In order to help make sure it is centered, fold the quilted bag in half crosswise and make a notch at the fold to mark the center of the sides. Fold the pocket in half crosswise, and make a notch at the fold to mark the center of the sides.
3. Line up the notches of the bag and the pocket and pin or clip in place.
4. Fold the bag in half crosswise to ensure proper alignment of the sides of the pocket.
5. Open up the bag and sew down the two sides of the pocket to attach it to the bag.

Step 8: Create Pocket Sections

1. Draw a line from along the center fold of the pocket, from notch to notch.
2. Sew along the line through all layers.
3. Draw a line that divides the large pocket into two even sections.
4. Sew along the line through all layers.

Step 9: Attach the Straps

1. Pin or clip the two walker straps and two wheelchair straps to the bag.
2. Sew each strap on with a ¼ inch seam allowance.

Step 10: Assemble the Bag

1. Fold the bag in half, careful to match up the sides of the pockets, and pin or clip the sides together.
2. Sew the sides together with a ½ inch seam allowance.
3. Turn the bag right-side out, poking out the corners.

Step 11: Attach the Lining

1. Tuck the straps into the pockets.
2. Place the bag inside the lining, right sides together, and align the side seams. Pin or clip the seams to hold them in place.
3. Pin or clip the top edge of the lining to the top edge of the bag.
4. Sew around the top edge with a ½ inch seam allowance.
5. Pull the bag through the opening in the corner of the lining. This is the opening that was created at **Step 7 #5**.
6. Once the bag has been pulled through the opening, stitch the opening closed by turning the seam allowances in with your hands and stitch close to the opening.
7. Tuck the lining into the bag.

Step 12: Final Touches

1. Press the top edge of the bag.
2. Topstitch ¼ inch around the top edge.
3. Attach Velcro to the straps: one side of the Velcro to the strap edge, and the other to the top edge of the bag (about ½ inch from the top).
4. Sew around the edges of the Velcro to secure it.

Step 13: Add the Label

1. Place the label in the center front of the bag and heat-set it with stitch-witchery or double-sided fusible.
2. Sew close around the edges of the label to attach it.

Voilà! Your bag is ready to go!